

PRE – TWINKLE ACTIVITIES – VIOLIN (student) (9/7/18)

Right-Hand (Bow Hand)



Feet/Body Posture

Foot Chart Soft Thumb Bends & Rest Position Feet (red) Thumb Waves ____ Rest Position Song ____ Play Position Feet (green) Make a Bunny Rabbit ____ Stop/Go Game (chin, teeth, ears) Take a Bow in Rest Pos Hop, Hop, Wiggle, Wiggle, Bop Bop Make a tree (roots, branches, leaves, flutter) Bunny Rides (bunny ___ hold for 1 Twink Var on left forearm w/Twink Rhythm ___ TA ___ TD ___ TB ___ TE ___ TC Theme ____ Bunny Bow Holds 100x ___ Fake Bow ___ Real Bow ___ Rocket Rhyme ___ Fake Bow ___ Real Bow Bow Flips ____ Whisper Tube ___ TB ___ TE ___ TC ___ Theme Circles

Left-Hand (Violin Hand)

Singing/Other

Clap/Tap/Shake Hands

w/ Twink Var
TA TD
TB
TCTheme
Sing Twinkle Theme
toss bean bag
body is the beat
·
Sing "Where Is
Thumbkin?"
Make a Twinkle
Sandwich & Sing
Twinkle Theme
Magic Box (Finger I.D.)

Right Hand + Left Hand

Moon Lands
Moon Land + Balance
Bow Rides (My Turn/Your Turn), E st., "Ready Play" TA TD TB TE TC Theme
E String Concerto
Elevator Rides with Simon (Silent String Changes)
Bow Rolls (Roll Roll Roll Your Bow Gently to the A, Merrily Merrily Merrily Merrily Violin's for me!)
F# Natural Song/Flower Song (Finger, Bow, Go!)
Monkey Song (Finger, Bow, Go!)
Bread Song w/Var A (AAEEF#F#E DDC#C#BBA) Cheese Song w/Var A (DDC#C#BBA)

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